



**Date:** September 26, 2019

**Location:** [Hotel Marshfield](#)  
Marshfield, WI

**Time:** 9:00am - 3:30pm

**WALC and WBC welcome you to join us for a day of Education and Networking**

**Dr. Jennifer Doering, PhD, RN** will be providing continuing education on postpartum mental health and discussing the relationships between mental health, sleep and fatigue, and breastfeeding. Presentation title: *How Breastfeeding Support can Integrate Maternal Mental Health, Sleep and Fatigue Management, and Infant Outcomes.*

This morning presentation will be wide ranging, informative and practical discussion of the challenges women face in the early weeks postpartum and how breastfeeding support can also integrate support of mental health, sleep, and fatigue management in an evidence based manner. We will also discuss decisions about infant sleep locations including the issue of unintentional bed sharing and how breastfeeding support can also support infant sleep safety in the early postpartum.

Afternoon presentations include breastfeeding promotion, breastfeeding friendly worksites, community assessments by coalitions and updates to the WBC's strategic plan and by-laws.

[Registration for 2019 WALC and  
WBC Summit](#)